Mental Health Information and Referral Agencies:

- **Maryland Psychological Association**
  10025 Gov. Warfield Parkway, Suite 102
  Columbia, MD 21044
  Fax: 410-992-7732
  Phone numbers: **410-992-4258 - Columbia, Baltimore**
  410-995-0499 - Columbia, Baltimore Co., AA County.
  301-596-3999 - Columbia, Laurel, Silver Spring, D.C.

  Services provided: Their website includes a search engine to find a psychologist near you.
  Website: **http://www.marylandpsychology.org/directory/referral.cfm**

- **Montgomery County Therapist Line** **301-738-7176**
  Services provided: referrals to reduced fee therapists for qualified Montgomery County residents. Must be at least 18, low-income, no insurance, short-term mental health issues.

- **Sheppard Pratt Outpatient Services** **410-938-5000 or 888-938-4207**
  Therapy Referral Service
  6501 North Charles Street
  Towson, Maryland 21285
  Fax 410-938-5013
  Services provided: a free, confidential telephone service that will assist in referrals to Sheppard Pratt's outpatient therapists ***or other mental health resources***. TRS also maintains information about provider specialties, availability and network affiliations. TRS is available Monday - Friday, 8:00 AM-5:00 PM. Appointments are scheduled with individual clinicians.

- **Network Therapy.com – A Mental Health Network™**
  Website: **http://www.networktherapy.com/**

- **Mental Health Association of Maryland** **410-235-1178**
  The Rotunda **1-800-572-MHAM (6426)**
  711 West 40th Street
  Suite 460
  Baltimore, MD 21211
  Fax: 410.235.1180
  Email: **info@mhamd.org**

- **Substance Abuse and Mental Health Services Administration (SAMHSA)**
  Services Locator Program **1-800-789-2647**
  Services provided: Website and phone number offers a directory of mental health and substance abuse providers nationwide**.**

Website: www.samhsa.gov/databases

- **The National Institute of Mental Health (NIMH) website provides information from the Federal agency that conducts and supports research on mental illnesses.**
  Website: www.nimh.nih.gov

- **National Mental Health Association website**
  Website: www.depression-screening.org
  Mission of the website: to educate people about clinical depression, offer a confidential way for people to get screened for symptoms of the illness, and guide people toward appropriate professional help if necessary. Site is sponsored by the National Mental Health Association as part of NMHA's Campaign for America's Mental Health.