DIRECTORY
OF
CONSUMER, FAMILY, AND ADVOCACY ORGANIZATIONS

To list your organization, contact Nancy Allen
nallen@apshealthcare.com
1-800-888-1965

NATIONAL ORGANIZATIONS:

- **NAMI (NATIONAL ALLIANCE ON MENTAL ILLNESS):**
  - An advocacy and educational organization in support of persons with serious mental illnesses and their families.
  - **Address**: 2107 Wilson Boulevard
    Suite 300
    Arlington, Virginia 22201-3042
  - **Main Number**: 703-524-7600
  - **TDD**: 703-516-7227
  - **Help Line** (Information and Referral Service):
    1-800-950-6264
    Monday – Friday 10:00 a.m. – 6:00 p.m.
  - **E-Mail**: info@nami.org
  - **Web Site**: www.nami.org

- **THE NATIONAL MENTAL HEALTH ASSOCIATION (NMHA): RESOURCE CENTER**
  - A mental health advocacy organization concerned with all aspects of mental health and mental illness. The National Mental Health Association Resource Center serves the general public by providing literature about mental illness and referrals to mental health services. In addition, the Resource Center provides technical assistance to mental health consumer and consumer supporter organizations, advocacy organizations, and NMHA's nationwide network.
  - **Address**: 2000 North Beauregard Street
    6th Floor
    Alexandria, Virginia 22311
  - **Main Phone**: 703-684-7722
  - **Toll Free**: 1-800-969-6642
  - **FAX:** 703-684-5968
  - **TTY Line Toll Free**: 1-800-433-5959
  - **E**-Mail: infocustr@nmha.org
  - **Web Site**: www.nmha.org

STATE ORGANIZATIONS:

- **MAIN STREET HOUSING, INC.**
  - A non-profit organization which purchases and develops decent housing in safe environments which it rents to consumers and their families at affordable prices. Main Street Housing, Inc. provides some furnishings for common areas. Main Street Housing, Inc. is in the process of purchasing and developing suitable housing throughout Maryland. Houses and apartment buildings may be donated or given by will to Main Street Housing, Inc.
  - **Address**: 1521 South Edgewood Street
    Suite C
    Baltimore, Maryland 21227-1139
  - **Main Number**: 410-646-0262
  - **Toll Free:** 1-800-704-0262
  - **FAX**: 410-646-0264
  - **E-mail**: ken@onourownmd.org

❖ MARYLAND COALITION OF FAMILIES FOR CHILDREN'S MENTAL HEALTH:

- A grassroots coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families and building a network of information and support for families. Its activities include:
  - Providing one-to-one support and advocacy for families caring for a child with mental health needs;
  - Family Leadership Institute: An intensive six-month training program designed to inform, train, and empower families to advocate in their communities and in the state;
  - Youth Leadership Program: A weekend retreat for a limited group of 15 youths ages 14–21 who have mental health needs to learn self awareness and self-advocacy within their communities. The retreat is in conjunction with New Transitions; and
  - Newsletter and publications.
- **Central Office:**
  - **Address:** 10632 Little Patuxent Parkway
    Suite 119
    Columbia, Maryland 21044
  - **Phone:** 410-730-8267
  - **Toll Free Number:** 1-888-607-3637
  - **Fax:** 410-730-8331
- **Baltimore Office:**
  - **Address:** 2300 N. Charles Street
    Third Floor
    Baltimore, Maryland 21218
  - **Phone:** 410-261-3760
  - **Fax:** 410-261-3770
- **E-mail:** info@mdcoalition.org
- **Web site:** www.mdcoalition.org

- **NAMI MARYLAND**
  National Alliance On Mental Illness Of Maryland
  (THE MARYLAND AFFILIATE OF THE NATIONAL ALLIANCE ON MENTAL ILLNESS):
  - NAMI Maryland is a state-wide organization dedicated to advocacy for and education of persons with serious brain disorders/mental illnesses, their families, and the community, and to the support of affiliated organizations at the national and local levels. NAMI Maryland's activities include:
    - Publish quarterly newsletter;
    - Sponsor annual educational conference;
    - Provide coordination and training for Family-to-Family trainers who then conduct courses through a local NAMI Maryland affiliate;
    - Provide coordination and training for Peer-to Peer trainers who then conduct courses through a local NAMI Maryland affiliate;
    - Train presenters and coordinate Consumer Outreach and Education Program – In Our Own Voice;
    - Provide statewide advocacy on behalf of consumers and families affected by mental illnesses;
    - Provide phone assistance and referral services through phone helpline; and
    - Prove link to NAMI Maryland local affiliates throughout the State of Maryland.
  - **Address**: 804 Landmark Drive
    Suite 122
    Glen Burnie, Maryland 21061
  - **Main Number**: 410-863-0470
  - **FAX**: 410-863-0474
  - **Helpline**: 1-800-467-0075
  - **E-Mail**: namimd@nami.org
  - **Contact::** Lynn H. Albizo, Executive Director
    lalbizo@nami.org
  - **Web Site**: md.nami.org

- **ON OUR OWN OF MARYLAND, INC.:**
  - A consumer education and advocacy organization which promotes equality for consumers and recovery-based mental health initiatives. On Our Own of Maryland's activities include:
    - The Anti-Stigma Project: A collaborative project with the Mental Hygiene Administration,
    - Advise and technical assistance for self-help programs,
    - Employed Individuals With Disabilities Program Benefits Training: Provides EID training for organizations, on request,
    - Sponsors workshops, seminars, and conferences throughout the year, and
    - Annual Conference: A two-day conference.
  - **Address**: 1521 South Edgewood Street
    Suite C
    Baltimore, Maryland 21227-1139
  - **Main Number**: 410-646-0262
  - **Toll Free**: 1-800-704-0262
  - **FAX**: 410-646-0264
  - **E-mail**: ooomd@earthlink.net
  - **Web Site**: www.onourownmd.org

ANNE ARUNDEL COUNTY:

- **NAMI ANNE ARUNDEL COUNTY:**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI Anne Arundel County is a support, education, and advocacy organization. Its activities include:
    - Monthly family support group meetings;
    - Family-to-Family: A 12-week education course for family members, and
    - In Our Own Voice: Consumers are trained to present their personal testimony and to encourage discussion about the realities of coping with mental illness while recovering and reclaiming productive lives. Presentations are made to consumers, family, friends, professionals, and lay audiences, upon request.
  - Joyce Edelson, President
  - Jody Lacey, Past President
  - **Address:** 2730 Crestview Road
    Riva, Maryland 21140
  - **Telephone:** 410-956-1562, Joyce
  - **Telephone:** 410-626-1472, Jody
  - **E-mail:** edelsonj@comcast.net

BALTIMORE CITY AND COUNTY:

- **HEARTS & EARS, INC.**
  (AN AFFILIATE OF ON OUR OWN OF MARYLAND, INC.):
  - An organization which advances the empowerment of lesbians, gay, bisexual, and transgender individuals who utilize mental health services through support, advocacy, raising awareness, and educational opportunities. Its activities include:
    - Drop in and resource center;
    - Support group;
    - Warm line for people who would like to talk with someone but are not having a psychiatric crisis or emergency. Call main phone: 410-323-0444.
    - Consumer planned activities;
    - Speakers Bureau;
    - Newsletter;
    - Member of Mayor's GLBT Task Force
    - Hearts & Ears, in partnership with Project PLASE, offers for free mental health services available through a Ryan White Title II grant to anyone who has HIV+ or AIDS and who does not have insurance.
  - **Address:**
    10 West Biddle Street
    Suite 1F
    Baltimore, Maryland 21201
  - **Phone**: 410-528-0444
  - **Fax**: 410-528-0444
  - **Contact Person**: Renae Sewell
  - **E-Mail**: Heartsandears@toast.net

CARROLL COUNTY:

- **ON OUR OWN OF CARROLL COUNTY, INC.**
  (AN AFFILIATE OF ON OUR OWN OF MARYLAND, INC.):
  - On Our Own of Carroll County is a Wellness and Recovery Center that offers peer support, advocacy, education, support groups, and social opportunities to adults of all ages. On Our Own of Carroll County offers a non-discriminatory and affirming environment for adults seeking mental health recovery, including persons with co-occurring disorders. Some of our activities include:
    - .Peer support groups;
    - Educational workshops;
    - Social Activities: movie night, crafts, monthly dinners, holiday meals and parties, annual summer conference, annual camping trip;
    - Referrals; and
    - Drop in hours.
  - **Location:** 265 East Main Street, Suite C
    Westminster, Maryland 21158
  - **Mailing Address:** P.O. Box 1174,
    Westminster, Maryland 21158
  - **Phone:** 410-751-6600
  - **Fax:** 410-751-2644
  - **Contact Person:** Laurie Galloway
  - **E-Mail:** ooocc@verizon.net

CECIL COUNTY:

- **NAMI CECIL COUNTY**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI Cecil County is a support, education, and advocacy organization.
  - Fay Wood, President
  - **Address:** P. O. 1151
    Elkton, MD 21922
  - **Telephone:** 443-326-1485
  - **E-mail:** faywood@udel.edu

EASTERN SHORE:

- **CHESAPEAKE RURAL NETWORK, INC. (CRN)**
  (AN AFFILIATE OF ON OUR OWN OF MARYLAND, INC.):
  - **Address:** 109 Flatland Road
    Chestertown, MD 21620
  - **Phone**: 410-778-4648
  - **Fax**: 410-810-0022
  - **Toll Free**: 1-866-778-4648
  - **Contact Person**: Heather Stanley
  - **E-Mai**l: crnstanley@verizon.net

FREDERICK COUNTY:

- **NAMI FREDRICK COUNTY**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI Frederick County is a support, education, and advocacy organization.
  - Fran Wenner, President
  - **Address:** 500 Fairview Avenue
    Frederick, MD 21701-4118
  - **Helpline Number:** 240-379-6186
  - **Telephone:** 301-663-9414
  - **E-mail:** faw500@msn.com

- **ON OUR OWN OF FREDERICK COUNTY, INC.**
  (AN AFFILIATE OF ON OUR OWN OF MARYLAND, INC.):
  - On Our Own of Frederick County is a Wellness and Recovery Center offering peer support, education, advocacy, and social opportunities to adults of all ages. On Our Own of Frederick County offers a non-discriminatory and affirming environment for all adults seeking mental health recovery, including persons with co-occurring disorders. Its activities include:
    - Drop In Center;
    - Referrals;
    - Access to the Center's resource library;
    - Peer Support Group: For persons with Depression and Bipolar Disorder;
    - Education/Sharing Groups on Mental Health Recovery: Includes Wellness Recovery Action Plan and consumer requested topics, such as, worry control and loneliness;
    - Social Activities: Including movies, crafts, monthly pizza night, monthly dinner out, Holiday meals and parties;
    - Outings: Including day trips and the Annual Camping Trip;
    - Free Book Program: Fiction, nonfiction and reference books; and
    - Statewide conferences and workshops: The center participates in the statewide conferences and workshops of On Our Own of Maryland, Inc., including the two-day summer conference.
  - **Location:** 217 North Market Street
    Frederick, Maryland 21701
  - **Mailing Address:** P.O. Box 3744
    Frederick, Maryland 21705-3744
  - **Phone/FAX:** 301-620-0555
  - **Contact Person:** Debbie Andersen
  - **E-mail**: onourown@xecu.net

HARFORD COUNTY:

- **NAMI HARFORD COUNTY**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI Harford County is a support, education, and advocacy organization.
  - Robert Lueckel, President
  - **Home**: 410-893-4968
  - **E-mail**: nandblueckel@comcast.net
  - **Additional Contact:** Mary Lee Hutchins
  - **Telephone:** 410-879-0111
  - **Fax:** 410-838-2040
  - **E-mail:** ml-ehutch-8@comcast.net

HOWARD COUNTY:

- **NAMI HOWARD COUNTY**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI Howard County is a support, education, and advocacy organization. Its activities includes:
    - Two support groups for families,
    - Family-to-Family: A 12-week education course for family members,
    - A telephone network of NAMI Howard County members who are willing to offer advice in crisis and share information,
    - A peer-led support group for consumers with any diagnosis,
    - Peer-to-Peer: A 9-week education course for consumers,
    - Sunday Suppers each month for consumers,
    - Membership meetings with presentations or speakers, and
    - Dissemination of pertinent publications.
  - **Address**: The office is located in the Howard County Mental Health Authority.
    9151 Rumsey Road
    Suite 150
    Columbia, Maryland 21045
  - **Main Number**: 410-772-9300 The office is staffed part-time. If there is no one at the office when you call, leave a message. Your call will be returned.
  - **Consumer Support Group Contact**: Deanna Green.
    E-mail: dgreen_namihc@yahoo.com
  - **E-Mail**: director@namihcmd.org
  - **Web site**: www.namihcmd.org

- **ON OUR OWN OF HOWARD COUNTY, INC.**
  (AN AFFILIATE OF ON OUR OWN OF MARYLAND, INC.):
  - **Address:** 6470 Dobbin Rd., Suite C
    Columbia, Maryland 21045
  - **Phone:** 410-772-7905
  - **Fax:** 410-772-7906

LOWER SHORE AREA:

- **NAMI MARYLAND LOWER SHORE (NAMI MDLS)**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI MDLS is a support, education, and advocacy organization. NAMI MDLS serves Somerset, Wicomico and Worcester Counties. Its activities include:
    - Family-to-Family: A 12-week education course for family members,
    - Lending Library of pertinent books, videos, and DVDs, and
    - Four additional family and consumer programs are planned for the future.
  - **Phone**: 410-641-6809
  - **E-mail**: moreinfo@namimdls.org
  - **Web Site**: www.namimdls.org

MONTGOMERY COUNTY:

- **BETHESDA BEATNIKS DINNER CLUB:**
  - A dinner club for mental health consumers, their family members, and friends.
    - Dinner is held at Alfio's Trattoria Italian restaurant located at 4515 Willard Avenue in Friendship Heights on the second and fourth Wednesday of each month. There are prominent after-dinner speakers.
    - The organizers also stage special events, such as visual arts festivals, music festivals, poetry "slams," and the annual post-Christmas holiday party.
  - **Telephone:** 301-279-2578
  - **Web site:** www.bethesdabeatniks.org

- **NAMI MONTGOMERY COUNTY:**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI Montgomery County is a support, education, and advocacy organization. Its activities include:
    - Peer-led support groups for consumers: There are 5 groups which meet in Silver Spring and Rockville,
    - Family and friends support groups: There are 5 groups which meet in Silver Spring, Olney, Kensington, and Rockville,
    - Family-to-Family: A 12-week education course for family members,
    - Peer-to-Peer: A 9-week education course for consumers,
    - In Our Own Voice: Consumers are trained to present their personal testimony and to encourage discussion about the realities of coping with mental illness while recovering and reclaiming productive lives. Presentations are made to consumers, family, friends, professionals, and lay audiences,
    - Lending Library: Library of pertinent books, cassette tapes, videos, CDs, DVDs, and other printed materials. Available for check-out 10:00 a. m. – 2:00 p.m. at the NAMI office, and
    - Encouragement to advocate.
  - **Address**: 10730 Connecticut Avenue
    Kensington, Maryland 20895-2147
    Office Hours Monday – Friday 10:00 a.m. – 2:30 p.m.
  - **Phone**: 301-949-5852
  - **FAX**: 301-949-5853
  - **E-Mail**: namioffice@namimc.org
  - **Web Site**: www.namimc.org

❖ SILVER SPRING DROP-IN CENTER AT AFFILIATED SANTÉ GROUP:

- The Silver Spring Drop-In Center is a consumer-run organization that provides a safe space for adults who have experienced mental health difficulties, along with resources, workshops, socialization, and advocacy opportunities. Its activities include:
  - Camaraderie and support;
  - NAMI C.A.R.E. support groups, and. NAMI Peer-to-Peer Recovery Education classes;
  - Monthly poetry and introduction to mindfulness meditation classes; monthly workplace support groups; and other classes as they form;
  - Cyber Café: A computer lab with internet access;
  - Recreation: Shoot pool, watch movies, play board games, draw, paint, read, write, and relax;
  - Resources: Up-dated information on local social services, consumer organizations, mental health agencies, applications for programs, job opportunities, local activities, advocacy materials, research studies, etc. Available in print and digital media (online resources);
  - Speakers' Bureau: Speakers from other agencies and organizations to speak at the center on issues of interest – such as housing, health insurance, disability benefits, advocacy, mindfulness, poetry, arts, etc.
- **Address:** 7961 Eastern Avenue
  First Floor
  Silver Spring, Maryland 20910
- **Phone:** 301-589-2303 X 108
- **Direct Phone Line During Drop-In Center Hours:** 301-589-2303 X 111
- **Fax:** 301-585-2965
- **E-mail:**
  myarmolinsky@santegroup.org
  dropincenter@santegoup.org
- **Web Site:** www.thesantegroup.org
- **Current Hours:**
  Mon, Tues, Thurs: 4:00 P.M. - 7:00 P.M.
  Saturday: 1:00 P.M. -5:00 P.M.
  (Please check for updated hours)

SOUTHERN MARYLAND
(CALVERT, CHARLES, AND SAINT MARY'S COUNTIES):

- **NAMI SOUTHERN MARYLAND**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI Southern Maryland is a support, education, and advocacy organization.
  - Connie Walker, President
  - **Address:** P.O. Box 1809
    22655 Washington Street
    Leonardtown, Maryland 20650
  - **Phone:** 301-904-9926
  - **E-mail:** walkerca@gmpexpress.net
  - Joanne McDonald, VP
  - **Telephone(Joanne):** 410-586-1561
  - **E-mail:** jmcdonald@melwood.org

WASHINGTON COUNTY:

- **NAMI WASHINGTON COUNTY**
  (AN AFFILIATE OF NATIONAL ALLIANCE ON MENTAL ILLNESS, MARYLAND):
  - NAMI Washington County is a support, education, and advocacy organization.
  - Connie Pauley, President
  - **Address:** 11944 Comanche Drive
    Smithsburg, MD 21783
  - **Telephone:** 301-824-7725
  - **E-mail:** clpaul@myactv.net

Directory up-dated: 6/28/07