

Baltimore City Community Resources
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- **Attention/Deficit Hyperactivity Disorder Resources**

1. **CHADD of Greater Baltimore (Children and Adults with ADHD) 410-617-1500**

Services provided: Support groups and information for parents of children and adults with AD/HD and ADD. Date and Time: 1st Wednesday of each month from 7-9pm. Fee: none

Website: <http://www.chadd-mc.org/chapters/baltimore.htm>

Parent support groups in Dundalk, Timonium, Howard and Montgomery County. Call or check the calendar for meeting dates and locations of this group at their website.

1. **For a list of chapters in the area and support groups go to:**

<http://www.chadd-mc.org/calendar/>

1. **Howard County CHADD Chapter**

Parent support group meetings generally held on the Second Tuesday of the month at:

Norbel School
6135 Old Washington Road
Elkridge, Maryland, 21075

2. **Anne Arundel County CHADD Chapter** **410-721-2468**

Severna Park Speaker Meetings are held the second Tuesday of every month at:

Severna Park United Methodist Church
731 Benfield Boulevard
Severna Park, MD

Website: <http://www.aacochadd.org>

3. **Dundalk Parent Support Group Meeting**

Parent support group meetings generally held on the 1st Tuesday of the month at:

Merritt Point Center, Room 9
7701 Dunmanway
Dundalk, MD

4. **Harford County Parent Support Group**

Parent support group meetings are generally held the second Wednesday of each month at:

Harford County Public Library
100 E. Pennsylvania Ave.
Bel Air, MD 21014

5. **Linthicum Adult Support Group**

Support group meetings for adults with ADHD on the third Wednesday of each month at:

St Christopher's Episcopal Church
116 Marydel Rd
Linthicum Heights, MD

6. **Timonium Speaker Meetings**

Support group and speaker meetings on the first Wednesday of the month in October, November, December, February, April and May at:

Loyola College Graduate School
2034 Greenspring Drive
Timonium, MD 21093

- **Advocacy for Special Populations**

- **General**

1. **Jewish Community Center of Greater Baltimore**

Owings Mills 410-356-5200
Ben and Esther Rosenbloom JCC on the Weinberg Campus
3506 Gwynnbrook Avenue
Owings Mills, MD 21117

Park Heights 410-542-4900
Harry and Jeanette Weinberg JCC
5700 Park Heights Avenue
Baltimore, MD 21215

Website: <http://www.jcc.org/>

Services provided: Operates two facilities in the Baltimore metropolitan area and Camp Milldale in Reisterstown, Maryland. Both our Owings Mills and Park Heights JCC offer state-of-the-art fitness and preschool facilities as well as arts, culture and Jewish life programming for all ages.

1. **Developmental Disabilities**

1. **Pathfinders for Autism**

120 Allegheny Avenue
Towson, MD 21204

Services provided: provides information, support and resources to families of children with autism.

Website: <http://www.pathfindersforautism.org>

Helpline: 866-806-8400

2. **Baltimore - Chesapeake Chapter Autism Society of America**

410-655-7933

Email: questions@bcc-asa.org

Website: <http://www.bcc-asa.org/BCCASAHomepage.htm>

Services provided: support group for parents, educators and professionals. The support group meets on the first Thursday of every month at 7:00 p.m. at Mt. Washington Pediatric Hospital.

3. **The Parent's Place of Maryland**

Telephone (voice or TDD): (410) 768-9100

801 Cromwell Park Drive, Suite 103,
Glen Burnie, MD 21061

Services provided: provides parents of children with disabilities with support, information and guidance. Also provides workshops for parents, educators and professionals. Their sole purpose is to enhance the lives of persons with disabilities.

Website: <http://www.ppmd.org/index.asp>

4. **The ARC of Baltimore**

410-296-2272

7215 York Road
Baltimore, MD 21212
410-296-2394 Fax

Services provided: Advocates for the rights of all citizens with mental retardation/developmental disabilities and their families. Provides dynamic support to enhance their quality of life that results in real choices, responsibilities, power and opportunities. Promotes community education on issues related to mental retardation/developmental disabilities.

Website: www.arcofbaltimore.org

5. **The ARC of Maryland—Main Office**

410-571-9320 (Annapolis)

49 Old Solomons Island Road, Suite 205

410-974-6139 (Baltimore)

Annapolis, Maryland 21401
 410-974-6021 Fax
Website: www.thearcmd.org

- **Mental Health Advocacy**

- **MD Coalition of Families for Children's Mental Health**

Phone: 410.730.8267

Toll Free: 1.888.607.3637

10632 Little Patuxent Pkwy, Suite 119
 Columbia, MD 21044
 Fax: 410.730.8331

Services provided: a grassroots coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families and building a network of information and support for families across Maryland.

Website: www.mdcoalition.org

- **Child Abuse Reporting Agencies**

1. **Baltimore City Child Protective Services**

1900 N. Howard Street
 Baltimore, MD 21218

410-361-2235 (24 hours)

443-423-7003 or 7002 FAX

(after 3:30 fax to 443-423-5950)

2. **Baltimore County Child Protective Services**

Drumcastle Government Center
 6401 York Road
 Baltimore, MD 21212

410-853-3000

410-853-3698 (FAX)

3. **Link to CPS agencies by County:** <http://www.dhr.state.md.us/cps/address.htm>

- **Child Care Resources**

1. **Baltimore City Child Care Resource Center**

1645 Ridgely Street, Suite 200
 Baltimore, Maryland 21230

Main:

410-685-5150

LOCATE:

410-539-2209

Services provided: offers referrals and information on licensed day care.

Website: <http://mdchildcare.org/Bx>

Email: childcare@bccrc.org

2. **Child Care Links: Child Care Resource and Referral Center of Baltimore County**

Main Number: **410-288-4900**

LOCATE: **410-288-4900**

1101 North Point Blvd., Suite 112
 Baltimore, MD 21224

Services provided: offers referrals and information on licensed day care in the county

3. **Baltimore County Family Child Care Association**

410-931-2252

8974 Whitetail Court

Perry Hall, Maryland 21128

Services provided: Supports family home child care providers in Baltimore County. Makes available to registered family child care provider members, parents & other interested persons in Baltimore

County free accredited training workshops & information relative to family child care. Reservations required. Health insurance available at group rates for members & their families. Phone anytime for membership and meeting information.

4. Maryland Child Care Resource Network:

<http://www.mdchildcare.org/mdcfc/network/mainnumbers.html>

- **Children's Education**

- **Early Intervention**

1. **Baltimore City Public Schools--Administration** **410-396-8700**
200 East North Avenue
Baltimore, MD 21202
Website: <http://www.bcps.k12.md.us/>
2. **Infants and Toddlers Program (birth -- 3)** **410-396-1666**
The Office of Early Intervention/Programs & Services
3500 W. Northern Parkway Modular Building #222,
Baltimore, Maryland 21215
3. **Child Find Hotline (age 3 – 20)** **443-984-1011**
Services Provided: a process used to identify children ages 3 through 20 who may be in need of special education and related services.

- **Early Intervention Support Services**

1. **New Bridges To Improved Child Health Program** **410-601-5569 or 410-664-5592**
Sinai Hospital of Baltimore
2401 West Belvedere Avenue
Baltimore, Maryland 21215-5271
Services provided: case management, health education, outreach, and advocacy services to families with children birth to 6. Also addresses fathers and there is no fee for this program.
2. **Baltimore City Healthy Start, Inc.**

Healthy Start East	Healthy Start West
610 Chester Street	1622 N. Carey Street
Baltimore, Maryland 21205	Baltimore, Maryland 21239
(410) 675-2125	(410) 728-7539

Services provided: services include case management, home visiting and outreach to pregnant women and children with the goal of improving pregnancy outcomes, reducing infant mortality, and enhancing family health and well-being.
Website: <http://www.ci.baltimore.md.us/government/health/healthystart.html>

- **Early Intervention Websites**

1. **Healthy Mothers, Healthy Babies Coalition:** www.hmhb.org/
2. **Maternal and Child Health Bureau, Department of Health and Human Services**
www.mchb.hrsa.gov
3. **National Association of Child Care Resource and Referral Agencies:** www.naccrra.org
4. **National Association for the Education of Young Children:** www.naeyc.org
5. **National Partnership for Women and Families:**
www.nationalpartnership.org
6. **Zero to Three:** www.zerotothree.org

- **Crisis Intervention Programs**

1. **Baltimore Crisis Response, Inc. (BCRI) (Baltimore City):** **410-752-2272**
Office: 410-433-5255
Hotline: Available 24 hours/day, 7 days/week, the hotline provides help to people who are having a psychiatric crisis and to people who are homeless.
Crisis Team Services: From 8:00 a.m. - 8:00 p.m. 7 days/week, the Crisis Team will go to where the individual is located to provide crisis services. The Crisis Team provides services to adults who are residents of Baltimore City. The Crisis Team will go to the individual's home, the emergency department, a clinic or any other location in or near Baltimore City. BCRI provides beds to people in psychiatric crisis, including people in need of drug or alcohol detoxification. BCRI provides aftercare and provides assistance in applying for benefits. BCRI cannot assist people with major non-psychiatric medical problems.
2. **Baltimore Child And Adolescents Response System (B-CARS):** **410-433-5175**
B-CARS provides crisis services to people under 18 years old who are having a psychiatric crisis and who are residents of Baltimore City. B-CARS provide crisis services to youths in their homes. B-CARS helps arrange for any other necessary services. B-CARS provides follow-up services to youths who have been discharged from a hospital. B-CARS takes calls 24 hours a day everyday. Emergency Department personnel can call from 9:00 a.m. to 8:00 p.m. The crisis teams will go to where the youth is located, including the home, the emergency department, a clinic or other locations.
3. **Baltimore County Crisis Team: 24/7 Hotline:** **410-931-2214**
Mobile Crisis Team: (MCT) Staffed by specially trained County police officers and mental health clinicians, MCT can respond on-site to calls from the eastern portion of the County. Hours of operation: Daily 10:00 a.m. – 1:00 a.m. **In Home Intervention Team (IHIT):** Staffed by mental health professionals, IHIT can provide non-crisis, on-site assistance County-wide, beginning January 2006, Monday -Friday, 12:00 p.m. – 8:00 p.m. **Urgent Care Clinic:** Two locations available 7 days/week, Monday-Friday evenings, Saturday/Sunday daytime. The clinic can provide an appointment within 48 hours for urgent cases requiring assessment and brief treatment.
4. **Maryland Youth Crisis Hotline:** **1-800-422-0009 (24/7)**
5. **National Suicide Hotline:** **1-800-SUICIDE (1-800-784-2433) (24/7)**
6. **First Call For Help:** **(410) 685-0525** in the greater Baltimore dialing area
(800) 492-0618 outside Baltimore, within Maryland (toll-free)
(410) 685-2159 TTY for hearing impaired (8:30 a.m. - 4:30 p.m. weekdays) all other hours, dial 711, Maryland Relay.
Services provided: a free, confidential service that connects callers with health and human services using the only statewide comprehensive information and referral directory in Maryland. We're available 24 hours a day seven days a week

Rape/Sexual Assault Services

2. TurnAround, Inc.

2300 North Charles Street
Baltimore, MD 21218

Website: www.turnaroundinc.org/

410-377-8111

Hotline: (410) 828-6390

- **Maryland Coalition Against Sexual Assault, Inc. (MCASA) 1-800-983-RAPE(7273)**

1517 Gov. Ritchie Highway, Suite 207
Arnold, MD 21012

410-974-4507

- **Link to Maryland Rape Recovery Centers by County:** <http://www.mcasa.org/A/3/A3.htm>

- **Child Protection Team**

University of Maryland – Medical System

520 W. Lombard, Gray Hall, 1st Floor
Baltimore, MD 21201

410-706-5176, 410-706-6144

Target Population: UMMS staff who work with abused and neglected children

Services provided: Information, resources, consultation, support, advocacy, education and training.

Payments: No fee

Hours: 24 hours – leave a message if no one is available

- **Domestic Violence/Intimate Partner Violence**

- **Baltimore City Providers:** **410-889-7884 (Hotline)**
TTY: 410-889-0047
- **House of Ruth Maryland:** **24 hour hotline: 410-889-7884**
2201 Argonne Drive
Baltimore, Maryland 21218
Office: 410-889-0840
Website: www.hruth.org/engine/content.do
Services provided: Domestic violence shelter for women and children, with counseling, supportive, and legal services. 24-hour hotline provides confidential counseling, entry to shelter, referrals to counseling programs.
- **TurnAround, Inc.** **410-837-7000**
330 N. Charles Street, Suite 300
Baltimore, MD 21201
- **Baltimore County Providers:** **410-828-6390 (Hotline)**
 - **Family and Children’s Services of Central MD** **410-281-1334**
 - **Family Crisis Center of Baltimore County, Inc.** **410-285-4357**
410-285-7496 (shelter)
 - **TurnAround, Inc.**
Two Locations:
 - **Towson** **410-377-8111**
401 Washington Ave, Suite 300
Towson, MD 21204
 - **Eastern Family Resource Center** **410-391-2396**
9100 Franklin Square Drive, Room 317
Baltimore, 21237
- **The Care Clinic/Center for Families, University of MD, Baltimore** **410-706-4869**
520 W. Lombard, Gray Hall, 1st Floor **410-706-1703**
Baltimore, MD 21201
Services provided: provides free child and family therapy to children and families affected by or sexual abuse or exposure to domestic violence. Provides clinical assessment, advocacy **services and psychiatric services.**
- **Sinai Hospital of Baltimore—Family Violence Program** **410-601-8692**
2401 West Belvedere Avenue
Baltimore, Maryland 21215-5271
Emergency Center: 410-601-8800, TTY: 410-601-5247
- **South Baltimore Family Health Center** **410-354-2001**
Behavioral Health Services
31 Cherry Hill Road

Baltimore, Md. 21215

Target Population: Substance abusers, violent offenders

Services: Counseling for substance abuse and family violence

Payment: Sliding scale, insurance, MA

- **Link to IPV resources by county:** http://www.mnadv.org/dv_providers.html

- **Specialized IPV Programs**

2. St. Michael's Outreach Center/Adelante **410-732-2176**
(Hispanic/Latina-Baltimore City/County)

3. CHANA (Counseling, Helpline and Aid Network for Abused Women) **1-800-991-0023**
410-234-0023

101 West Mount Royal Avenue
 Baltimore, Maryland 21201

Services provided: Aids individuals in the Jewish community who are victims of domestic violence by providing support, counseling and assistance. Helpline provides information about the dynamics of domestic violence, safety planning, counseling, and referrals to community resources. Offers individual counseling, at no cost, and weekly support groups for Jewish women to share their own experiences; operates a Kosher Safehouse for women and their children who are in crisis and need to be away from their abusive partner/parent and provides pro bono and reduced-fee legal services by volunteer lawyers.

4. Asian/Pacific Islander DV Resource Project **202-464-4477**

- **Enrichment Programs**

1. **YMCA**
 - a. **Druid Hill Family Branch** **410-728-1600**
1609 Druid Hill Ave.
Baltimore, MD 21217
fax: 410-462-4591
 - b. **Harry & Jeanette Weinberg YMCA at Stadium Place** **410 - 889-YMCA (9622)**
900 E. 33rd Street
Baltimore, MD 21218
2. **YMCA Program Service Centers:**
 - a. **Urban Services** **410-728-0945**
20 S. Charles St., Suite. 600
 - b. **Baltimore, MD 21201** **410-661-5600**
P.O. Box 18405
Rosedale, MD 21237
fax: 410-882-9913
3. **Department of Recreation and Parks (City)** **410-396-4804**
4. **Girl Scouts** **1-800-492-2521**
5. **Boy Scouts** **410-338-1700**
6. **Boys and Girls Club** **410-539-7081**
7. **Big Brothers/Big Sisters** **410-243-4000**

- **HIV/AIDS**

- **Chase Brexton Health Services, Inc.** **410-837-2050**
1001 Cathedral Street
Baltimore, MD 21201
Services provided: primary care, HIV testing and counseling, case management, and mental health services.
- **Health Education Resource Organization (HERO)** **410-545-4774**
101 W. Read Street, Suite 825
Baltimore, MD 21201
Services provided: pediatric and adult case management services, counseling, legal assistance, The Buddy Program and a drop-in center.
- **Johns Hopkins Medical Institutions Moore Clinic, JHH** **410-955-6414**
600 N. Wolfe Street – Carnegie 3
Baltimore, MD 21213
- **Link to HIV/AIDS services by County:**
<http://www.dhmf.state.md.us/AIDS/Treatment/Assistance%20Programs%20for%20PLWHA/locateMedCareServices.htm>

- **Mental Health**

- **Perinatal/Postpartum Depression Resources**

- **Websites:** www.healthynewmoms.org
 www.1800ppdmoms.org
 www.postpartum.net
 www.nimh.nih.gov

- **Franklin Square Hospital Center—Postpartum Support Group** **443-777-7427**
 9000 Franklin Square Drive
 Baltimore, Maryland 21237-3998

Services provided: support group facilitated by hospital staff for new moms and their babies.

- **Perinatal Loss Support Information**

- **Center for Infant & Child Loss at UMAB** **1-800-808-SIDS (7437)**
 630 W. Fayette Street Room 5-684
 Baltimore, Maryland 21201
Email: caring@infantandchildloss.org
Website: <http://www.infantandchildloss.org>
Link to support groups in Maryland:
http://www.infantandchildloss.org/index.php?module=pagemaster&PAGE_user_op=view_page&PAGE_id=44&MMN_position=39:7

- **Stella Maris Center for Grief and Loss** **410-252-4500, ext. 7291**
- **GBMC/Women’s Resource Center** **443-849-2308**
- **Franklin Square Hospital** **443-777-7839**
- **Harbor Hospital** **410-350-2080**
- **Mercy Medical Center** **410-332-9600**
- **St. Agnes** **410-368-2637**
- **St. Joseph’s Hospital** **410-337-1109**
- **Upper Chesapeake Medical Center** **800-515-0044**

- **Local Agencies**

1. **Sheppard Pratt Health System**

Urgent Assessments and evaluations: **410-938-5302**
 Outpatient Therapy: Therapy Referral Service: **410-938-5000 or 1-888-938-4207**
 Inpatient (Towson or Ellicott City): **410-938-3800**
 Website: www.sheppardpratt.org

2. **Baltimore Mental Health Systems:**

Website: <http://www.bmhsi.org/>
 Link to agencies/services in Baltimore City: <http://www.bmhsi.org/agencies.html>

3. **Medical Assistance (MAPS-MD) provider information:** **1-800-888-1965**

4. The Care Clinic/Center for Families, University of MD, Baltimore 410-706-4869520 W. Lombard, Gray Hall, 1st Floor**410-706-1703**

Baltimore, MD 21201

Services provided: provides free child and family therapy to children and families affected by or sexual abuse or exposure to domestic violence. Provides clinical assessment, advocacy services and psychiatric services.

5. The Pro Bono Counseling Project**410-323-5800; 301-805-8191 or 1-877-323-5800**

Services provided: provides counseling on a wide variety of issues, including family and couples issues and depression, for person with low incomes; generally provided at no cost. Statewide.

Website: www.probonocounseling.org

6. The Women's Growth Center**410-532-GROW (532-2476)**

5209 York Road, #B12

Baltimore, MD 21212

Services Provided: Provides individual, couples, family and group therapy on an outpatient basis offering a feminist approach to therapy. Services are by appointment and fees are based on a sliding fee scale. Some insurance accepted.

7. Children's Mental Health Program**410-955-3598**

John's Hopkins Health System

403 North Caroline Street

Baltimore, MD 21231

Target Population: Children up to age 16 with mental health needs

Services provided: Therapy, medication management (usually there is a waiting list)

8. Family Connections – Center for Families**410-706-8716**

827 West Barre Avenue

Baltimore, Md. 21230

Target Population: Parents with children

Services provided: Home based services, early intervention for families at risk of CPS involvement.

9. Harford-Belair CMHC (Community Mental Health Center)**410-426-5650**

4308 Harford Road

Baltimore, Md. 21214

Target Population: All ages

Services provided: Therapy, medication management, case management

10. Mosaic Behavioral Health Centers (an affiliate of Sheppard Pratt)

Timonium Office: **410-453-9553**

1931 Greenspring Dr.,

Timonium, MD 21093

Northwest Office: **410-922-1900**

3525 Resource Dr.

Randallstown, MD 21133

Catonsville Office: **443-612-1402**

22 Bloomsbury Ave.

Catonsville, MD 21228

Services provided: comprehensive outpatient mental health counseling centers addressing a range of behavioral health challenges.

Website: <http://www.mosaicinc.org/>

11. North Baltimore Center (affiliate of Sheppard Pratt) 410-366-4360

2225 N. Charles Street
Baltimore, MD 21218

Services provided: outpatient mental health including therapy to adolescents, adults and mediation evaluation and management.

12. Certified Counseling Associates, Inc. 410-521-4798

Rockdale Professional Center
Suite 23
Baltimore, MD 21244

13. The Counseling Center of Maryland 410-583-7443

600 Providence Road
Towson, MD 21204

14. Mt. Washington Clinical Practice 410-367-9105, ext. 11

1702 South Road
Baltimore, MD 21209

15. Applied Therapeutic Services 410-494-1400

1045 Taylor Ave.
Suite 212
Baltimore, MD 21286

16. Baltimore Counseling Center 410-426-6370

6310 Harford Road
Baltimore, MD 21214

17. Northwest Baltimore Youth Services, Inc. 410-578-8100

Audrey Moore, Director
3319 W. Belvedere Avenue
Baltimore, Maryland 21215
Fax: (410) 542-5279
E-Mail: taznwbys@aol.com

18. Dundalk Youth Services Center 410-288-4356

Chris Erhardt, LCSW-C, Director
2660 Yorkway
Dundalk, Maryland 21222
Fax: (410) 284-7920
E-Mail: dysc@erols.com

19. East Baltimore Youth and Family Services: 410-276-1100

Maceo Hallmon, Director
500 N. Caroline Street
Baltimore, Maryland 21205

Fax: (410) 752-6922

E-Mail: hmaceo@starpower.net

20. First Step, Inc. Phone:

410-521-4141

Dave Goldman, LCSW-C, Director

8303 Liberty Road

Baltimore, Maryland 21244

Fax: (410) 521-3993

E-mail: firststepmd@aol.com

Website: www.firststepmd.com

21. Chase Brexton

410-837-2050

1001 Cathedral Street

Baltimore, Md. 21201

Website: www.chasebrexton.org

Target Population: All ages: specializing in gay and lesbian issues

Services: Medical care (specializes in HIV), counseling, substance abuse counseling, case management, housing, transportation

22. Family Support Centers

410-659-7701

Target Population: Families with children under 3

Various Locations:

Bon Secours

26 North Fulton Avenue, 21223

410-362-3629

DRU

2100 Eutaw Place, 21217

410-523-1828

Park Heights

4328 Pimlico Road, 21215

410-396-8469

GBMC-Weinberg

1200 East Fayette Street, 21202

410-522-7827

Our House

2707 Sethlow Road, 21225

410-396-8469

Southeast Baltimore Early Head Start

2811 Dillon Street, 21224

410-502-8770

Southwestern

200 Font Hill Avenue, 21223

410-233-2005

Waverly

829 Montpeller Street, 21218

410-235-0555

23. Family and Children's Services of Central Maryland

410-366-1980

4623 Falls Road

Baltimore, MD 21209

Website: www.fcsmd.org

24. Park Heights Family Support Center

410-396-8469

4236 Pimlico Road

Baltimore, MD 21215

Target Population: Families with children ages 0-3, and expecting parents.

Services provided: Counseling, GED program with child care, drop in center, parenting classes, life skills training, in-home intervention (breakfast and lunch provided), some transportation

25. Johns Hopkins Community Psychiatry **410-550-0104**
Bayview Medical Center
 4940 Eastern Avenue
 Baltimore, Md. 21224
Target Population: All ages, dual diagnosis, substance abuse and mental health issues
Services provided: Outpatient psychiatry services: medication management, therapy, case management, some transportation

26. John's Hopkins Women's Center **410-855-9534**
 911 North Broadway
 Baltimore, MD 21231
Target Population: Women ages 18 and over
Services provided: parenting classes, art therapy, GED and Computer classes, methadone maintenance, reduced fare card for transportation

27. Kennedy Krieger Institute – The Family Clinic **410-923-5980**
 2901 East Biddle Street
 Baltimore, MD 21213
Target Population: Neglected children
Services provided: Assessment, therapy, START – program for offending children, some transportation. Evaluation Clinic – crisis assessment, psychological assessment, cognitive evaluation. Home-based therapeutic services – counseling, in-home services, child advocacy, behavior management, parenting skills.

28. VA Medical Center –Outpatient Mental Health **410-605-7410**
10 North Green Street
 Baltimore, MD 21201
Target Population: Veterans
Services provided: Outpatient and inpatient mental health services – must have psychiatric screening

- **OMHC's (Outpatient Mental Health Centers)**
 - **Link to OMHC's in Baltimore City (or see below)**
<http://www.bmhsi.org/agencies.html>

1. All Walks of Life, LLC	410-436-1734
2. Apex Counseling Center	410-522-1181
3. Baltimore Behavioral Health (BBH)	410-962-7180
4. Baltimore City Counseling Center	410-327-6503
5. Bon Secours	410-383-4921
6. Building Communities Today for Tomorrow	410-467-6600
7. Celine Health Services	443-742-7838
8. Change Health Systems, Inc.	410-233-1088
9. Children's Guild	410-444-4300
10. Glory Health Center	410-444-0779
11. Harford Belair	410-426-5650
12. Institute for Life Enrichment	410-532-3848
13. Jewish Family Services	410-466-9200
14. Johns Hopkins Hospital Community Psychiatry Program	410-614-4051
15. King Health Systems, Inc.	410-578-4340
16. Levindale Hebrew Geriatric Center	410-601-5461
17. Maryland Global Health Service	410-496-2410
18. Mountain Manor- Maryland Treatment Centers, Inc.	410-233-1400
19. New Vision Behavioral Health Services	410-254-4343
20. North Baltimore Center	410-366-4360 ext. 220
21. Oasis Health Center	410-462-7171
22. Optimum Health Services	410-233-6200
23. Peace of Mind	410-878-7030
24. Pressley Ridge Schools	410-576-8300 ext. 256
25. Quadrant, Inc.	410-727-0674
26. Ridge 103 LLC	443-831-2545
27. Sinai Hospital	410-601-4458
28. Supreme Health Systems, Inc.	410-235-9705
29. Therapeutic Living for Families	410-366-1151
30. UMMS Center for Infant Studies	410-706-2485
31. UMMS Walter P. Carter Carruthers Clinic	410-328-2293
32. Union Memorial Hospital	410-554-6600
33. Universal Counseling Services	410-752-5525
34. Urban Behavioral Associates	410-779-3102
35. Villa Maria Continuum	410-585-0598
36. Village Family Network	410-727-0661

- **Mental Illness Resources**

1. NAMI (National Alliance for the Mentally Ill)—Metro Baltimore: 410-435-2600

5210 York Road/ Baltimore, MD 21212

(410) 435-0355 (fax)

Services Provided: Advocacy and support group for family members and friends of people with mental illness. Services include peer education programs and mutual (peer-led) support groups, a help-line, active family peer support groups meet in Baltimore County and City monthly; active peer support groups for consumers of mental health services meet in Baltimore City monthly. Community Outreach and Public Education; Information Meetings and Workshops:

Website: http://www.nami.org/MSTemplate.cfm?Section=Basics_about_NAMI-Metro_Baltimore&Site=NAMI_Metropolitan_Baltimore&Template=/ContentManagement/HTMLDisplay.cfm&ContentID=45107

2. MD Coalition of Families for Children’s Mental Health 410-730-8267

10632 Little Patuxent Pkwy, Suite 119

Columbia, MD 21044

Toll Free: 1.888.607.3637

Fax: 410.730.8331

Services Provided: a grassroots coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families and building a network of information and support for families across Maryland.

Web: www.mdcoalition.org

3. DRADA (Depression & Related Affective Disorders Association)

2330 W. Joppa Road, Suite 100

410-583-2919; Toll Free: 888-288-1104

Lutherville, MD 21093-4605

Website: www.drada.org

Email: drada@jhmi.edu

Services provided: provides information, education and support services to individuals, families and professionals about depression and bipolar disorder.

4. The Mental Health Association of Maryland: 1-800-572-MHAM (6426)

700 W. 40th Street, Suite 460

410-235-1178

Baltimore, MD 21211 410-235-1178

Website: <http://www.mhamd.org/>

Services provided: provides education and advocacy on behalf of people with mental illness and coordinates with the following **local chapters:**

- **Metropolitan Baltimore** (serves Balto. City, Co. and Harford Counties): 410-235-1178, ext. 202
- **Howard County:** 410-995-3323
- **Lower Shore** (serves Somerset, Wicomico and Worcester Counties): 410-543-2057
- **Montgomery County:** 301-424-0656
- **Prince George’s County:** 301-424-0656
- **Talbot County (serves the Eastern Shore):** 410-822-0444
- **Washington County:** 301-733-6555

5. Depression Bipolar Support Alliance, Baltimore County
Essex Support Groups at Essex Library: 1st and 3rd Mondays

410-391-0770

- **Parenting Education and Support Groups**

1. **The Family Tree/Parent Stress line:**

1-800-243-7337

2108 N. Charles Street
Baltimore, MD 21218 Office: 410-889-2300
Fax: 410-637-8387

Website: <http://familytreemd.org/>

Services provided: offers a range of programs providing structured support and home based education to parents and their children; advocacy and outreach services offered free-of-charge to thousands of families. Programs include **Family Education and Support, Positive Parenting Program:** 12-week skill-building program through the development and strengthening of their own skills. **Parent Assistance in the Home (PATH):** a home-based program parenting where a Family Support Advocates assesses a family's needs and services are provided in the home for 60 to 90 minutes weekly and offers short-term, intensive intervention for up to 12 weeks.

Family Life Workshops and Groups: Workshops are currently offered in Anne Arundel, Baltimore, Howard and Prince George's counties and Baltimore City. **Neighborhood Investment programs** and Community Services programs. Included **Parents Anonymous® Groups.**

2. **Friends of the Family, Inc.**

410-659-7701

Family Support Centers (FSC)

Services provided: various parent education classes and support groups.

Bon Secours FSC **410-362-3629**
26 N. Fulton Avenue
Baltimore, MD 21223

Our House **410-396-8469**
2702 Sethlow Road
Baltimore, MD 21225

Southeast Baltimore Early **443-923-4300**
Head Start Center
2811 Dillon Street
Baltimore, MD 21224

DRU FSC **410-523-1828**
2100 Eutaw Place
Baltimore, MD 21217

Park Heights FSC **410-578-0244**
4236 Pimlico Rd.
Baltimore, MD 21215

Waverly FSC **410-235-0555**
829 Montpelier Street
Baltimore, MD 21218

3. **Jewish Family Services of Central Maryland**

410-542-6300 Ext. 202

Child Abuse & Neglect Prevention Program
5750 Park Heights Ave.
Baltimore, MD 21215

Target Population: Persons ages 6 and up

Services provided: Community consultation, staff training, parenting skills workshops, prevention workshops for teens

○ **Websites on parenting:**

1. **Positive Discipline from A to Z** <http://www.positivediscipline.com/>
by Jane Nelsen, Lynn Lott & H. Stephen Glenn
2. **Dr. William Sears:** <http://www.askdrsears.com/>
3. **1-2-3 Magic, Inc.:** <http://www.parentmagic.com>

- **Separation/Divorce Resources**

- 1. The Family Tree/Parent Stress line:** **1-800-243-7337**
 2108 N. Charles Street
Baltimore, MD 21218 **Office: 410-889-2300**
fax: 410-637-8387
Website: <http://familytreemd.org/>
- 2. Kidsake at The Brown Memorial Woodbrook Presbyterian Church** **410-377-7232, ext. 20**
Services provided: support groups for children experiencing **separation and divorce**. Call for age and times.
- 3. Lighthouse Inc.** **410-788-5483**
 60 Mellor Ave
 Catonsville, MD 21228
Services provided: parenting education classes on separation and divorce ages 4- 12. Counseling, Family Preservation/Permanency Planning, Juvenile Justice. Family counseling for families with children up to 18.
- 4. Parents Without Partners Support Groups: Baltimore Chapter:** **410-494-3900; 410-437-5373**
Services provided: Parents Without Partners provides single parents and their children with an opportunity for enhancing personal growth, self-confidence and sensitivity towards others by offering an environment for support, friendship and the exchange of parenting techniques
Website: <http://www.parentswithoutpartners.org/chapterfind.asp>
- 5. National Family Resilience Center, Inc.** **410-740-9553**
(Formerly Child of Separation and Divorce)
 10632 Little Patuxent Parkway **Satellite Office: NFRC Center, Rockville**
 2000 Century Plaza Suite 121 932 Hungerford Drive, Suite 9-B Second Floor
 Columbia, Maryland 21044 Rockville, MD. 20850
 301-596-1677 fax
Services provided: individual, couple, family, parent, co-parent, pre-marital, marital, separation and blended family counseling.
Website: www.divorceabc.com
- 6. Community Mediation Program** **410-467-9165**
 3333 Greenmount Avenue
 Baltimore, Maryland 21218
 Fax: 410-516-0134
Email: charmon@communitymediation.org
Website: www.communitymediation.org
Types of Mediation: Neighbors, Family, Parenting Plan, Relationships, Community Assoc. Business, Parent Teen, Landlord Tenants, Others
Mediation Fee's: FREE

- **Substance Abuse/Addictions Treatment**

1. Baltimore City Substance Abuse Systems: 410-637-1917

Provides information, resources, funding, and referral for alcohol, and substance abuse treatment.

Website: <http://www.ncaddmaryland.org/access.cfm>

1. Project Grace: 410-649-0507

Outreach project with **Baltimore Substance Abuse Systems** to provide linkage for consumers to substance abuse providers.

2. Alcoholics Anonymous: 410-663-1922

Maryland Website: <http://www.marylandaa.org/>

National Website: www.alcoholics-anonymous.org

3. The Freestate Region of Narcotics Anonymous (NA): 1-800-317-3222

Maryland Website: <http://www.freestatena.org/>

National Website: <http://www.na.org/>

4. AI-ANON/ALATEEN of Baltimore City 410-766-1984

E-mail: alanon@md-al-anon.org

Website: <http://www.md-al-anon.org/>

5. Harbour Pointe: Gambling Hotline: 1-800-LOST BET (1-800-567-8238); 410-244-0783

924 East Baltimore Street

Baltimore, Maryland 21202

Services provided: Hotline is operated by professionals and volunteers. This line responds to calls from compulsive gamblers and their loved ones who are in crisis. Makes referrals to Gamblers Anonymous and other self-help groups.

Website: <http://www.lostbet.com/>